TORVEN
HELMETS

Aura • Nord
NTA 8776

Storm • Liv • Fjell • Falk • Lykke • Varg
CE • EN1078

Gebruikershandleiding NL

User Manual GB

Mode d'emploi FR

Bedienungsanleitung DE

Manual de usuario ES

Manual do utilizador PT

Manuale d'uso IT

THANK YOU FOR CHOOSING TORVEN

Thanks for choosing TORVEN. Before using your helmet for the first time, take a moment to read this guide. It shows you how to get a comfortable, secure fit and look after your helmet. Keep it handy for future reference.

Always follow the instructions and safety warnings. Not doing so could result in serious injury or death.

If the helmet is for a child, an adult must help them put it on, adjust the fit and explain how to use it safely. Please also read the safety warnings for children.

USING THE HELMET

The helmet is CE marked and complies with EN 1078:2012+A1:2012. It is suitable for cycling, skateboarding, roller-skating and riding a non-motorised kick scooter. Helmets reduce the risk of head injury but cannot prevent it entirely. No helmet can provide complete protection from the impact of a fall or collision; it can only reduce the force of impact. Do not take unnecessary risks.

This helmet is **not** suitable for use on motor scooters, mopeds or motorcycles.

INTENDED USE

This helmet is designed for the activities shown below.

SUITABLE FOR



CYCLING



SKATEBOARDING
KICK SCOOTERS



ROLLER-SKATING
INLINE SKATING

NOT SUITABLE FOR



MOTOR SCOOTERS
MOPEDS



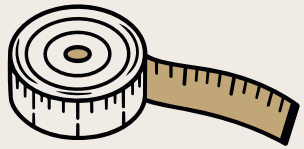
MOTORCYCLES

It complies with EN 1078 (and NTA 8776 where applicable) and does not provide the level of protection required for helmets used on motor scooters, mopeds or motorcycles.

HOW TO MEASURE YOUR HEAD CIRCUMFERENCE

STEP 1

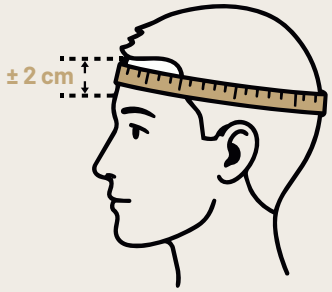
USE A TAPE MEASURE



Use a soft tape measure. If you do not have one, use a piece of string and measure it with a ruler.

STEP 2

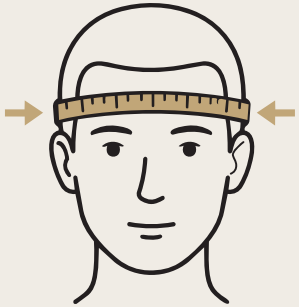
POSITION THE TAPE



Place the tape approximately 2 cm above your eyebrows, around the widest part of your head.

STEP 3

MEASURE



Run the tape horizontally around your head, just above your ears. Pull it snugly without making it tight.

STEP 4

CHOOSE THE RIGHT SIZE



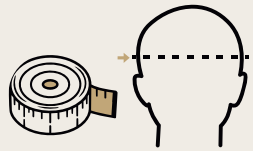
58 cm

XS	48-52 CM
S	52-55 CM
M	55-59 CM
L	59-61 CM

Note the measurement and select the corresponding size from the size chart for your helmet model.

SIZE CHART

SIZE	HEAD CIRCUMFERENCE
XS	48 - 52 CM
S	52 - 55 CM
M	55 - 59 CM
L	59 - 61 CM



CHECK BEFORE USE

- Tape measure placed above the eyebrows
- Tape measure held level around the head
- Measurement read in centimetres
- Correct size chosen from the size chart of the helmet

If between sizes, choose the larger size and adjust it using the fit system.

HOW TO WEAR A HELMET

FOLLOW THESE 5 STEPS FOR OPTIMAL FIT AND PROTECTION.

STEP 1

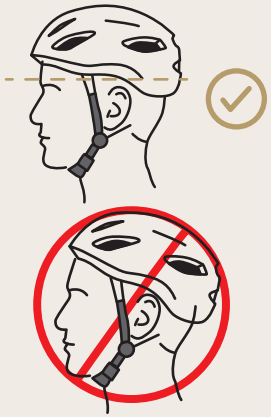
POSITION THE HELMET



Place the helmet level on your head. The front edge of the helmet should sit about two finger-widths above your eyebrows.

STEP 2

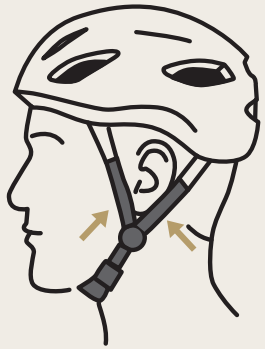
DO NOT TILT THE HELMET BACK



Do not wear the helmet tilted back. Your forehead and temples must remain protected.

STEP 3

ADJUST THE STRAPS



Adjust the straps to form a Y-shape around each ear.

STEP 4

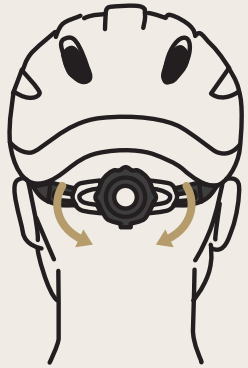
FASTEN THE CHIN BUCKLE



Fasten the magnetic buckle under your chin. Leave about one finger's width of space between your chin and the strap.

STEP 5

ADJUST THE FIT DIAL



Turn the adjustment dial until the helmet fits snugly without causing discomfort.

CHECK BEFORE EVERY RIDE

- Helmet sits level on the head
- Straps form a Y-shape below the ears
- Chin strap is correctly fastened
- Helmet does not shift when you move your head.

1 + 2. POSITIONING THE HELMET

Make sure the helmet sits level on your head, neither too far forward nor too far back. Positioning it approximately 2 cm above your eyebrows will usually provide the best and most comfortable fit.

3. ADJUSTING THE STRAPS

Adjust the straps so that they form a Y shape below each ear. Any excess strap may be tucked into the chin pad or trimmed if necessary. If you choose to trim the strap, carefully heat-seal the cut end to prevent fraying. Take care to avoid burns.

4. CHIN STRAP

Fasten the fidlOck® magnetic buckle by bringing the two halves together; it will close automatically. Leave approximately one finger's width between your chin and the strap. To open the buckle, slide the two halves apart. The buckle can easily be operated with one hand.

5. ADJUSTING THE FIT

Turn the adjustment dial until the helmet fits securely and comfortably.

6. STORM MODEL – VISOR

The dark magnetic visor is supplied as standard. Other visors are available separately. The visor snaps securely into place using the magnetic mounts.

7. MODELS WITH LED LIGHTING

Charge the LED lighting via USB-C.
Approximate run time: 4–6 hours.
Modes: Steady / Flashing / Off.

8. CARE

Clean only with lukewarm water and a soft cloth. Do not use solvents or harsh cleaning products.

9. Service life

Replace the helmet immediately after a fall or severe impact, or if it shows damage or wear.

Replace the helmet 3 to 5 years after first use, no later than 5 years, and in all cases no later than 8 years after the date of manufacture.

Full user manual →

10. Warranty

TORVEN offers a 2-year warranty for material and manufacturing defects. Wear, misuse, improper care and fall damage are not covered.

Full terms: www.torven.eu.

11. Recycling

Dispose of the helmet and packaging according to local waste regulations. Separate cardboard and recyclable materials.

SAFETY WARNINGS AND CARE

- Always wear the helmet when cycling.
- Always keep the helmet buckle fastened while wearing the helmet. An unfastened helmet provides no protection at all.
- Even the best helmet is not indestructible and can never provide complete protection against head injuries.
- The typical service life of a bicycle helmet is 3 to 5 years. Replace it no later than 5 years after first use, or sooner if signs of wear appear. The helmet must in any case be replaced 8 years after the date of manufacture because of unavoidable material ageing (deterioration of the EPS foam and plastic components).

SAFETY WARNINGS AND CARE

- Inspect the helmet for damage before each use.
- Use only genuine TORVEN parts and accessories. Do not modify the helmet, as this may impair its protective function.
- Stickers, paint, cleaning agents and solvents may impair protection. Follow the cleaning instructions in section 8.
- Do not store the helmet above 60°C for prolonged periods, behind glass or near heat sources. Preferably use a protective bag.
- Children must remove the helmet before entering playgrounds. Never allow a child to wear the helmet while climbing or during activities where the helmet could become caught, as this may create a risk of strangulation or entrapment.
- Helmet lights provide extra visibility and never replace the bicycle lights required by law.

TORVEN
HELMETS

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